



Northland Age Group Championships 2018



SESSION 1:FRIDAY	19 JANUARY : WARM UP 3.00 START 4.00pm
SESSION 2:SATURDAY	20 JANUARY : WARM UP 8.00 START 9.00am
SESSION 3:SATURDAY	20 JANUARY : WARM UP 3.00 START 4.00pm
SESSION 4:SUNDAY	20 JANUARY : WARM UP 8.00 START 9.00am
SESSION 5:SUNDAY	21 JANUARY : WARM UP 1 hour after completion of S4

AGE GROUPS FOR 50M & 100M EVENTS ARE:
9 & UNDER, 10, 11, 12, 13, 14, 15, 16, 17 & OVER.



AGE GROUPS FOR 200M & 400M EVENTS:

U12, 12-13, 14-15, & 16/O **QUALIFYING TIMES APPLY See Meet Conditions**

SESSION ONE:

Friday Evening

1	MALE	400M	FREESTYLE	TIMED FINALS
2	FEMALE	400M	FREESTYLE	TIMED FINALS
3	MALE	50M	BREASTSTROKE	TIMED FINALS
4	FEMALE	50M	BREASTSTROKE	TIMED FINALS
<i>30 minute Break</i>				
5	MALE	100M	BACKSTROKE	Heats
6	FEMALE	100M	BACKSTROKE	Heats
7	MALE	100M	BUTTERFLY	Heats
8	FEMALE	100M	BUTTERFLY	Heats

SESSION TWO:

Saturday Morning

9	MALE	100M	BREASTSTROKE	Heats
10	FEMALE	100M	BREASTSTROKE	Heats
11	MALE	100M	FREESTYLE	Heats
12	FEMALE	100M	FREESTYLE	Heats
<i>30 minute Break</i>				
13	MALE	50M	BUTTERFLY	TIMED FINALS
14	FEMALE	50M	BUTTERFLY	TIMED FINALS
15	MALE	200M	IM	TIMED FINALS
16	FEMALE	200M	IM	TIMED FINALS
<i>10 minute Break</i>				
17	10 – 11 yrs	4 x 50M	FREESTYLE RELAY	
18	12 – 13 yrs	4 x 50M	FREESTYLE RELAY	
19	14 & Over	4 x 50M	FREESTYLE RELAY	



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SESSION THREE: Saturday Evening

20	MALE	50M	BACKSTROKE	TIMED FINALS
21	FEMALE	50M	BACKSTROKE	TIMED FINALS
22	MALE	200M	FREESTYLE	TIMED FINALS
23	FEMALE	200M	FREESTYLE	TIMED FINALS
<i>30 minute Break</i>				
F	MALE	100M	BACKSTROKE	FINALS
F	FEMALE	100M	BACKSTROKE	FINALS
24	MALE	200M	BUTTERFLY	TIMED FINALS
25	FEMALE	200M	BUTTERFLY	TIMED FINALS

SESSION FOUR: Sunday Morning

26	MALE	200M	BACKSTROKE	TIMED FINALS
27	FEMALE	200M	BACKSTROKE	TIMED FINALS
28	MALE	50M	FREESTYLE	TIMED FINALS
29	FEMALE	50M	FREESTYLE	TIMED FINALS
<i>15 minute Break</i>				
F	MALE	100M	BUTTERFLY	FINALS
F	FEMALE	100M	BUTTERFLY	FINALS
30	MALE	200M	BREASTSTROKE	TIMED FINALS
31	FEMALE	200M	BREASTSTROKE	TIMED FINALS
32	9 & Under	4 x 50M	FREESTYLE RELAY	

SESSION FIVE: Sunday Afternoon

F	MALE	100M	BREASTSTROKE	FINALS
F	FEMALE	100M	BREASTSTROKE	FINALS
33	MALE	400M	IM	TIMED FINALS
34	FEMALE	400M	IM	TIMED FINALS
<i>15 minute Break</i>				
F	MALE	100M	FREESTYLE	FINALS
F	FEMALE	100M	FREESTYLE	FINALS
35	** CRAWFORD WOODMAN**	8 x 50m	FREESTYLE RELAY	

see meet conditions



**All break times are subject to weather
and the Meet Directors discretion**